

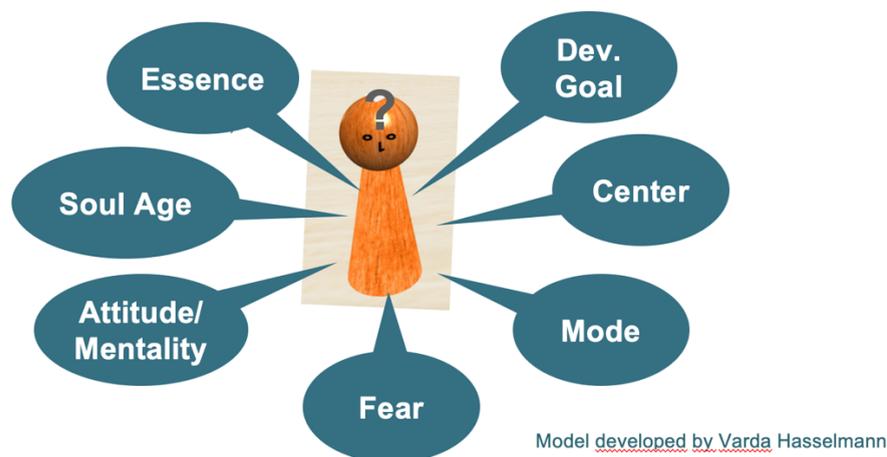
How can you tap into the “emergent future” – in your work and in social life?

Wouldn't it be nice to sense into your ultimate potential and your heart's desire, or to find out how close you are living it already? Or what about the tension between current life and your potential – from which the emergent future that you may want to create arises beautifully? And wouldn't it be even more desirable to go beyond and sense what impact this inner knowing may have in and on your business, on organizations and your personal life?

“We can only meet each other as deep as we met ourselves”¹

About five years ago I was encouraged through a friend of mine to deepen my understanding of what really is coming through as my heart's desire. In a two-year practice group for advanced constellation practitioners we went on an experiential path, “seeing the world with the eyes of the soul”. Using the model called “archetypes of the soul”, originated from Varda Hasselmann and Frank Schmolke's work², we explored perspectives and aspects of our individual and collective paths by constellating them.

Archetypal aspects of the soul and relevance in daily life



This was a huge eye opener! Experiencing the knowing beyond purpose or life task. It unfolds what it means when we say: “we are spiritual beings within a human body wanting to experience life in duality with the intention of inner growth”. That sheds a new light onto the essence of organizational life.

The impact of experiencing and exploring these soul aspects in my personal and business life and “seeing through the eyes of the soul” were and are still just phenomenal: it shifted my way of accepting my own and others' attitudes, it supported me in feeling “at peace with what is” in myself and with others, it clarified intention and goal(s) in life. The recognition that we all ARE this way, with different intentions and goals, “driven” or “called” by different motivations and intentions creates a higher level of empathy and curiosity. It gives space to feel more at ease and be patient.

¹ Text from a song by: Fia, A Journey Unfolding

² Varda Hasselmann, Frank Schmolke, Archetypes of the soul, 2010

Role (Essence)	Server	Artisan	Warrior	Scholar	Sage	Priest	King
Dev. Goal	Re-evaluation	Discrimination	Submission	Flow	Acceptance	Growth	Dominance
Attitude (Mentality)	Stoic	Skeptic	Cynic	Pragmatist	Idealist	Spiritualist	Realist
Mode	Reserve	Caution	Perseverance	Observation	Power	Passion	Aggression
Center	Emotional	Intellectual	Physical	Instinctive	Higher Intellectual	Higher Emotional	Moving
Fear / Obstacle	Self-Deprecation	Self-Destruction	Martyrdom	Stubbornness	Greed	Arrogance	Impatience
Soul Age	Infant	Baby	Young	Mature	Old	Transcendental	Infinite

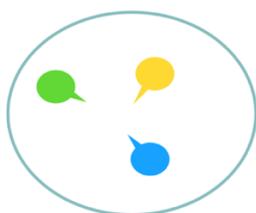
Source: Models of Varda Hasselmann and Shepherd Hoodwin

³That applies to personal life as much as to business. It may give us hints for development at this point in time personally, and it allows for connectivity to business models like in Otto Scharmer's work⁴ and spiral dynamics⁵.

Connectivity experienced in an online workshop

Recently I had the opportunity and pleasure to explore the connectivity of these ideas and insights with the Sadler Heath community in an online workshop. They are people feeling responsible for their own and all our longterm personal development. Together we went on an explorative journey into deeper knowing about ourselves and our fellow human beings, individually and collectively.

With 40 people we explored experientially and experimentally through online constellation(s) a couple of the soul aspects.



One of the main questions was: What does the "knowing element" (our essence or potential) tell us about our development intentions in life and our work with clients, leaders and others? The secret lies in experiencing the archetypal energies...

Through letting us all come on our learning edge (including myself running this event and holding a big virtual circle via zoom) we at the end went away with expanded or new perspectives of our potential and the qualities we can bring with us on our path through personal and business life, aligned with our soul's desires.

That's an encouraging way of tapping into the emergent future and so much needed in the times we are in right now!

"When I free myself from what I am, I will become what I could be" (Lao Tse)

Interested in more? In an experiential exploration?

<https://organization-coaching.de/termine/> or contact me <https://organizationcoaching.de/kontakt/>

³ Shepherd Hoodwin, Journey of your Soul. North Atlantic Books, Original 1995 Edition

⁴ C. Otto Scharmer, Theory U: Leading from the Future as it Emerges. Berrett-Koehler Publishers, 2007

⁵ Don E. Beck, Christopher C. Cowan, Spiral Dynamics. Blackwell Publishing 1996. They built on and further developed the original work of Clare Graves' Value System Model