

Sensing into your soul path – an introductory exploration through constellations

Archetypes of the soul and Spiral Dynamics

Sat, 12th June, 2021 from 9:30 AM – 1:00 PM (CEST), online

As people responsible for our long term personal development, we invite you to this online introductory workshop to be run by Meike Buegler and Gabriele Schwarz. This is a pre-session of a 9-months journey into the depth and breadth of understanding our essential path through this life. In that journey we offer you to get into deeper contact with soul archetypes and an integral framework based on the AQAL model (Ken Wilber) as well as spiral dynamics (Clare Graves, further developed by Don Beck and Christopher Cowan).



About 5 years ago I (Meike Buegler) was encouraged through a friend of mine to deepen my understanding of what really is coming through as my heart's desire. In a 2-year practice group for advanced constellation practitioners we went together on an experiential path, seeing the day-to-day world „with the eyes of the soul“. Using the model originated from Varda Hasselmann and Frank Schmolke's work (Archetypes of the soul) we explored various perspectives and aspects of our individual and collective life journeys – through constellating them. We all gained huge insights and „knowingness“, about the essence of our own and others' path, feeling „at peace with what is“ – in business and personal life.



Meeting with Gabriele Schwarz in a 1-year deep organization development-exploration we immediately “clicked” around what the unique impact might be if we would work with “the eyes of the soul”. By using the integral framework as a landscape for orientation and integration, with individuals and groups, a profound question came up: How do we all navigate through life on earth with holding the inner tension of my soul's potential and the current reality? How can I increase my self-impact in my life facing the challenges of our time?

Both, we are interested in bringing this to embodied awareness in people in an experimental way by creating space for your heart's desire.

In this session we will introduce the Soul Archetypes, some of them through constellating, and give a brief introduction into Spiral Dynamics (development levels). All participants will get a taste of what your soul may tell you about your development intentions and path throughout your life. You may get a first glimpse of a framework for evolutionary development of humanity.

This exploration will take place online via Zoom, in addition using the “online Constellation-Board” (developed by Georg Breiner) and will allow practice and dialogue in plenary and small groups.

It is recommended to join via Laptop or PC, preferably with a digital mouse available.

This event will be experimental and experiential in nature, and we all may come on our learning edge.

Costs: 40€

Registration: Please send an E-mail to [Meike Buegler](mailto:meike.buegler@...) or [Gabriele Schwarz](mailto:gabriele.schwarz@...)