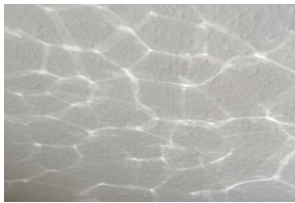


Constellation Exploration Group:

Encountering challenges – Developing COHERENCE in our world today

Realizing the path ahead can seem so fundamentally opaque that you really don't know how to proceed meaningfully. You may not even know the way, because "paths are created by walking them" (Franz Kafka). How can we, instead of being frightened, still continue walking, connected and relaxed, individually and collectively?

The tension between polarities – potential and reality, oneness and duality, love and fear, ... – is the space for exploration in this group. Building and strengthening coherence within ourselves and with others by making ourselves aware



- Who we "really" are
- What we need to maneuver peacefully through this space of tension
- What's the "guiding North star" that helps in developing the coherence within us
- What we can build on

Inner coherence (harmony of heart, spirit and mind, resonance with our essence) is the way to collective coherence (attunement to the emergent impulse). It enables us to perceive ourselves in our uniqueness and to contribute to the good of the whole. We take on different perspectives on the world, allow new experiences and are vessels for higher wisdom.

Format: Constellations, online via Zoom

Dates: every sixth Tuesday evening (joining individual sessions possible)
from 6pm–8pm BST / 19.00–21.00 CEST
Starting 16th Feb 2022 (then 14th Mar 2022)

For whom: Everyone interested in this research and growing their coherence in responding to the emergent challenges in our world through inner development practices

Costs: 45€/session

Registration: Email to info@organization-coaching.de with your name, email-address, and a line about your motivation

Holding space: Meike Bügler
Integral Business Catalyst, OD Consultant and Practitioner, Coach,
Professional Constellator, Researcher of Soul Archetype wisdom,
Co-opted Board Member of Infosyon (International Forum for System
Constellations in Organizations)
www.meike-buegler.de

Seminar language: English